





Paul Writes from Prison

Lesson Theme Poster / Unit 19 / Lesson 189

Lesson Focus

While under house arrest in Rome, Paul wrote letters to the believers in Ephesus and Colossae. He reminded them that they had died to sin and were made alive in Christ. He taught them to put off the things that characterized their old life and instead seek the things of God.

Key Passages

Grades 2–3: Ephesians 4:22–24; Colossians 3:1–2, 3:8–10, 3:12–15

Grades 4–5: Ephesians 4:20–32; Colossians 3:1–14 (selected verses)

What You Heard in the Word

- ▶ Those who turn from their sins and trust in Jesus become new creations. God sets them free from sin and gives them the Holy Spirit to help them do what is right.
- ▶ Paul instructed believers to put off their old self, which are sinful behaviors, and to put on the new self, which are righteous behaviors that show love for God and others.

